
SABBATICAL RESOURCES

Most resources obtained through
CHARIS Ecumenical Center, Concordia College, Moorhead, Minnesota 56562 218-299-3566 or at
http://www.cord.edu/dept/charis/sabbat_info2

(Note: we believe this is the most comprehensive listing of resources for sabbatical planning available, but it is by no means exhaustive)

SOURCES OF INFORMATION

Bruesehoff, Richard J and Bullock, A. Richard. *Clergy Renewal: The Alban Guide to Sabbatical Planning*. Alban Institute. \$10.95. 1-800-486-1318, ext. 244 or <http://www.alban.org/BookStore>

Cohen, Helen L. and David C. Pohl. *Handbook for Sabbatical Leaves for Ministers and Congregations*. Center Committee and Department of Ministry. Unitarian Universalist Association, 1992. General information number: 617-742-2100.

Oswald, Roy M. *Clergy Self-Care: Finding a Balance for Effective Ministry*. Alban Institute. No. AL125. \$18.25. To order, call 1-800-486-1318, ext. 244 or <http://www.alban.org/BookStore>

**Peterson, Eugene. *The Contemplative Pastor: Returning to the Art of Spiritual Direction* (Word, 1989). See "Desert and Harvest: A Sabbatical Story."

Sevier, Melissa Bane, *Journeying toward Renewal: A Spiritual Companion for Pastoral Sabbaticals* No. AL263. A spiritually nourishing resource that helps to shepherd pastors through the unknowns of renewal leave. To order, call 1-800-486-1318, ext. 244. or <http://www.alban.org/BookStore>

Sabbatical Programs for Priests, Religious and Formation Ministers (booklet and CD-ROM). National Organization for Continuing Education of Roman Catholic Clergy. e-mail contact: moises@nocercc.org Lists 45 programs (U.S., Canada, Mexico, Europe, Israel); not necessarily for Roman Catholic clergy only.

Sabbatical Leave: Suggestions for Local Churches and Their Pastors. United Church of Christ Office for Church Life and Leadership. Cleveland, OH: 1998. Order: 1-800-325-7061 or 1-800-537-3394. Prepared in conjunction with the Center for Leadership and Ministry of the Division for Homeland Ministries of the Christian Church.

Study, Renewal and Service Leaves for Pastors. A guide available on-line at www.mennonitechurch.ca/leadership/studyleaves/index.html – very helpful answers to FAQ

***Congregations: The Alban Journal*. Four articles on sabbaticals focusing on pastors' experiences of sabbaticals in the July/August 2000 issue; two more in the July/August 1995 issue. The latter includes an article by L. Dale Richesin on "How Can a Small Church Afford a Sabbatical?"

Clergy Sabbaticals-A Brief Guide; CHARIS Ecumenical Center, Moorhead, MN www.cord.edu/dept/charis/sabbat_info

GRANT SOURCES

Bush Foundation

The Bush Foundation in St. Paul has a "Leadership Fellows Program" which provides funding to support the educational goals of people so that they can serve more effectively as leaders in their communities and professions. Pastors are among those eligible. The fellowships are for periods from two to eighteen months, and persons aged 28 to 55. For more information, check their website at www.bushfoundation.org/index2.htm, or request information by e-mail (info@bushfoundation.org) or telephone (651-227-0891). Deadline for applications: November (check with them for the exact date for each year).

CrossCurrents Research Colloquium

The Coolidge Fellows program awards grants for one-month study programs at a cluster of New York City schools: Union Theological Seminary, Auburn, Jewish Theological Seminary, Columbia University, Teachers College. The focus is on cross-cultural learning. Participants pay a \$125 registration fee and travel; the fellowship takes care of other costs. There is a March 1 deadline. Contact: CrossCurrents, 29 Castle Place, New Rochelle, NY 10805. Requires a research or writing project. Website: www.aril.org/colloquium.html

Harvard Divinity School 617-496-2943

Ask about the Merrill Fellowship Program, which provides tuition and a stipend of \$2,200 to cover expenses of room and board. Four sabbatical fellowships offered each term. Recipients may study at Harvard or other affiliated schools of the Boston Theological Institute.

Lilly Endowment National Clergy Renewal Program 1-317-916-7304 Clergyrenewal@yahoo.com

The Indianapolis-based Endowment offers grants of up to \$45,000 to congregations across the country to allow their pastors to spend some time away from the daily demands of parish ministry. As many as 120 congregations will be selected for the 2006 program. While each grant proposal may request up to \$45,000, up to \$15,000 of that may be used for congregational activities during the pastor's absence. The deadline for proposals is May 15, 2006. Contact Gretchen Wolfram at 317/916-7304 or wolframg@lei.org

Louisville Institute 502-992-5431 info@louisville-institute.org or visit their website, louisville-institute.org/secondary/pastoralgrants

The Louisville Institute (funded by Lilly Endowment) offers several Sabbatical Grants for Pastoral Leaders including:

The **Christian Faith and Life** initiative seeks to support efforts to bring the resources of the ethical, liturgical, and doctrinal wisdom of the Christian faith into closer relation to the daily lives of practicing Christians. Research periods supported by this grant may range from nine weeks to nine months. The grant amount requested should not exceed \$50,000. Deadline for applications is September 15.

The **Sabbatical Grant for Pastoral Leaders (SGPL)** awards up to a total of sixty grants of \$10,000 or \$15,000 for eight- or twelve-week sabbaticals, respectively. The SGPL program is the primary Louisville Institute grant program for pastors and other religious leaders seeking a time for study, reflection, retreat and rest for the renewal of their vocations. While each grantee must have a focal topic or theme of study, and writing is encouraged, emphasis is on balancing such study with sabbatical practices for personal and vocational renewal and refreshment. Deadline is September 15

The **Summer Stipend** program awards ten grants of \$9,000 each for ten weeks of research and writing on a topic reflecting the priorities of the Louisville Institute and of interest to the wider church. For pastoral leaders such topics might be in the area of homiletics or practical theology, congregational studies, biblical studies or one of the other theological disciplines. Deadline is September 15

Pastor-Theologian Program 609-683-4797

This is not really a sabbatical program, but it is a program of extended study (three years), funded by the Lilly Endowment and centered at Princeton. A May 1 deadline. This is a quite demanding program, but very good. If you wish to visit with someone in the program, contact Pastor Bob Dahlen, Goodridge, MN (218-378-4191). They also have a highly selective pastor-in-residence program (one per year, by invitation!). Their website is www.ctinquiry.org.

Benjamin N. Duke Fellowships

To inquire about these fellowships for clergy sabbaticals at Duke Divinity School, call Janice Virtue at 919-660-3448 or send an e-mail to info@mail.duke.edu.

The Proctor Scholarship

The Episcopal Divinity School in Cambridge, MA has a scholarship for a one-semester residence for clergy and laity. Covers tuition, a single room, and 15 meals per week. Can include courses as well as individual study. For information, send e-mail to amacione@epoivdivschool.org

Wheat Ridge Ministries' Sabbatical Assistance Grants www.wheatridge.org

Wheat Ridge provides financial assistance to Lutheran congregations who are supporting and encouraging the health and wellness of church leaders by providing sabbatical experiences for pastors and other full-time professional church workers in the congregation. The maximum grant is \$7,500 per congregation. During the pilot phase of this grant, a limited number of grants will be available annually. Contact Rev. Tim Fangmeier at 828-733-1255 or tim@giftedpeople.org.

Local sources:

Check with others organizations (i.e. local branches of Thrivent, civic clubs, etc.) that may also be able to supply such funds.

PROGRAMS OR INFORMAL ARRANGEMENTS

Austin Presbyterian Theological Seminary, Austin, TX 512-472-6736

Independent study program; on-campus stays available.

Catholic Theological Union, Chicago, IL 1-773-753-5359 Hesburgh Center for Continuing Formation in Ministry A 17-week program

Centre for Psychotherapy and Emotional Bodywork, Toronto 416-928-9570

This center has a sabbatical program for women and men in ministry called "The Ministry Journey Program." It includes "Psychotherapy and emotional bodywork, inner life of ministry, spirituality—dreams, myths, symbols, prayer, Biblical themes, images, discernment." Contact Daniel McDonald, Director, Centre for Psychotherapy and Emotional Bodywork, 145 Spadina Road, Toronto, CA M5R 2T1. Website: www.spiritcentral.com/ministry

Center for Spiritual Development, Orange, CA 714-744-3175

"Winter sabbaticals" are offered. Contact Robert Cogswell, Center for Spiritual Development, 434 S. Batavia St., Orange, CA 92868-3907. E-mail: center4spdev@earthlink.net

Church Divinity School of the Pacific, Berkeley, CA

Sabbaticals of one week to a semester are possible here. Courses may be audited for \$300 per course. For information, call Dr. Alda Marsh Morgan, Director of Continuing Education at 510-204-0727 or send e-mail to amorgan@cdsp.edu

The College of Preachers Readers Program, Bethesda, MD

A program for sabbaticals or other self-directed study or retreat times for clergy and laity throughout the year. Single accommodations. Located on the grounds of the Washington National Cathedral. Address of College of Preachers: 3510 Woodley Rd. NW, Washington, D.C. 20016. Cost: \$350 per week. Contact Kim Gilliam, Director of Operations at 202-537-6383 or send e-mail to kgilliam@cathedral.org

Eastern Cluster of Lutheran Seminaries, including LTSG, LTSP, and Southern, provides learning opportunities through each seminary as well as a partnership with Yale Divinity and the Lutheran Theological Center in Atlanta. <http://www.easterncluster.org>

Garrett-Evangelical Theological Seminary, Chicago, IL Contact Director of Continuing Education: cristian.delarosa@northwestern.edu Independent/directed study; design-your-own sabbaticals

The Lincoln Theological Institute for the Study of Religion and Society at the University of Sheffield (United Kingdom) "

Enquiries are welcome for designated periods of study or sabbaticals—please apply in writing." Write to The Administrator, Lincoln Theological Institute, Sheffield University, 36 Wilkinson St., Sheffield. S10 2GB. Phone: 01142226399. E-mail: Lincoln@Sheffield.ac.uk

Louisville Presbyterian Theological Seminary, Louisville, KY dreistroffer@lpts.edu

Summer sabbatical leaves and independent study. Contact the Division for Graduate Studies at the e-mail address given above.

The Marshall Center for Christian Ministry, Georgetown, KY 502-863-8004

This center, developed in 1997, will administer a program of ministerial sabbaticals and study leaves at Regents Park College. The center is at Georgetown College, Georgetown, KY 40324. For information, e-mail pr@georgetowncollege.edu

A Mountain Retreat, Conifer, CO 303-838-6267 or 838-7321

Mountain Retreat offers "retreats for the renewal of ministers, their lives and callings. Write Rev. Victor L. Hunter, Retreat Director, or Donna R. Killen, Administrative Director, at A Mountain Retreat, P.O. Box 1025, Conifer, CO 80433.

Pacific School of Religion, Berkeley, CA

PSR has a Minister/Scholar in Residence Program open to ordained ministers and religious workers in full-time ministry. Participants may be in residence for a full semester (four months) during fall or spring. Participants are expected to participate in the life the seminary. Only one one-bedroom apartment on campus is available. For information, contact Eileen Weston, Assistant to the President, at 1-800-999-0528.

Pittsburgh Theological Seminary, Pittsburgh, PA

Independent study available. Contact Mary Lee Talbot, Director of Continuing Education at 412-363-5610, ext. 2197 or e-mail her at mltalbot@pts.edu

Ripon College Cuddesdon, Oxford 00441865877409

Clergy may stay up to ten weeks and use the library at Oxford. Contact Dr. Natalie K. Watson, Development Office, Ripon College Cuddesdon, Oxford OX449EX or e-mail nwatson@ripon-cuddesdon.ac.uk

St. Deiniol's Residential Library, Hawarden, North Wales, UK

St. Deiniol's Library, established by the estate of William Gladstone, provides opportunities for sabbaticals, especially involving study or research. For information, contact the Rev. Dr. Peter J. Jagger, Warden and Chief Librarian, at deiniol.visitors@btinternet.com and inquire about arrangements for sabbaticals for clergy.

St. George's College, Jerusalem Registrar@stgeorges.org.il

St. George's is an Anglican institution in East Jerusalem, which offers a variety of programs for pastors and laity, varying from 12 days to 28 days. For up-to-date information, check their website: www.stgeorgescollegejerusalem.org A brochure is also available from CHARIS (218-299-3566) or e-mail jacobson@cord.edu

St. Hans Ministry Exchange, Inc. 941-408-9096

Here's an interesting idea: swap homes with another clergy person for a while. This ministry is designed to facilitate that. Run by Diane Shiell and the Rev. Dr. Dell Shiell, who also provide (to "Subscriber Members") *A Handbook for Ministry Exchanges* (22 pp.), also available on-line. They tell the story of their experience exchanging homes with persons in Larvik, Norway in a book, *Fair Exchange: A Ministry Exchange Between the USA and Norway*. Their address: Christian Home Exchange, 246 Woodingham Trail, Venice, FL 34292. E-mail: info@christianhomeexchange.com. A website is available: www.christianhomeexchange.com/index.cfm

St. John's School of Theology and Seminary, Collegeville, MN

Sabbaticals are designed to meet the personal and ministerial needs of the individual students. Participants can enroll in courses for credit or audit, and participate in conferences, lectures and other events on campus. "Special tuition rates are available." Spiritual directors are also available. Request the brochure, "Sabbatical: A Special Time Apart" from Mary Beth Banken, OSB, St. John's School of Theology and Seminary, Collegeville, MN 56321-7288, or call 320-363-2102 or e-mail mbanken@csbsju.edu

Saint Meinrad School of Theology, St. Meinrad, Indiana 1-800-730-9910 ce@saintmeinrad.edu

Stays of one month to a year, with various options to choose from.

Shalem Institute for Spiritual Formation, Bethesda, MD www.shalem.org

Shalem's 16-month ecumenical program offers a dedicated time for nurturing one's own soul and for deepening one's contemplative orientation as a congregational spiritual leader. A contemplative attitude encourages openness to God's grace in the changing situations of life. Scholarship assistance is available. For information, call Gigi Ross at 301-897-7334 x209 or e-mail gigi@shalem.org. Deadline is March 15, 2006

Shalom Prayer Center, 840 S. Main St., Mt. Angel, OR 97363 503-845-6773
Sabbaticals in a monastic setting. Spiritual direction, daily Eucharist, classes, retreats. For men or women.
Contact Jo Morton, OSB. E-mail: shalom@open.org Website: www.open.org/shalom

Spiritual Ministry Center, San Diego, CA 619-224-9444
Founded by the Religious of the Sacred Heart, this center provides “self-directed sabbaticals.” For information write to them at 4822 Del Mar Ave., San Diego, CA 92107-3407. e-mail: spiritmin@aol.com

Tantur Ecumenical Institute for Theological Studies tantur@netvision.net.il
Tantur is located in Jerusalem, very close to the border with Bethlehem. They have excellent three-month sessions (September to mid-December and mid-January to April) as well as a four-week summer session, all for pastors and interested laity. Includes travel in Israel as well as lectures and worship in an ecumenical setting. Tantur is operated by Notre Dame University. For up-to-date information, check their website: www.come.to/tantur

Washington Theological Union, Washington, D.C. 1-800-334-9922
Organized program, but tailored to individual admissions@wtu.edu

ELCA Wittenberg Center Schlossplatz 1d D-06886 Lutherstadt Wittenberg, Germany +49 3491 412-530
ELCAWittenbergCenter@t-online.de. Using <http://www.elca.org/ewbc/sabbatical>, information is compiled on many of the places, people, programs, and facilities. This site can literally help you plan a visit to Germany.

SABBATICAL RETREAT INFORMATION

Note: This section is woefully incomplete. There are many, many places where sabbaticals and retreats are possible. Only a few places are listed here.

Abba House of Prayer, Albany, NY
This Roman Catholic retreat center is ecumenical when it comes to making arrangements for sabbaticals. Contact Elizabeth Hoye, RSCJ at 518-438-8320.

Holden Village, Chelan, WA
Though developed by Lutherans, this is an ecumenical center. Sabbatical arrangements may be made by writing to them at Program Coordinator, HCOO Stop 2, Holden Village, Chelan, WA 98816. The rates are very reasonable.

Redondo Retreat Center, Jemez Springs, NM For information, contact Sharon Palma at redondo@jemez.com

Spirit in the Desert Retreat Center, Carefree, AZ
Arrangements to spend up to four weeks “Sabbatical Time” at this Lutheran retreat center may be made by contacting Scott Haasarud at Shaasarud@aol.com or by calling 480-488-5218.

Sequanota Conference Center and Camp, Jennerstown, PA
Arrangements can be coordinate by contacting the camp at 814- 629-6627 or contact@sequanota.com. Visit their website at www.sequanota.com.

SABBATICAL INFORMATION IN THE SYNOD RESOURCE LIBRARY

Note: This resources can be accessed by contacting the Synod Office at 814-942-1042 or allegheny.synod@ecunet.org

Changing the Rhythm of Parish Ministry (*video & study guide*), Muskego WI
The purpose of the video and study guide is to help congregations of the ELCA explore the possibility of a sabbatical for their pastors and other rostered leaders. It is designed to be used with congregational councils, adult study groups, and various church committees.

Why You Should Give Your Pastor a Sabbatical (*video & study guide*), Alban Institute.

This video presentation by Roy Oswald focuses on clergy sabbaticals as a way of retaining congregational vitality and on the long-term benefits for congregation and pastor. This 2-part resource is designed for congregational boards and other leadership groups.

Sabbath: Finding Rest, Renewal, and Delight in our Busy Lives, by Wayne Muller,

This book gives perspective for the need for Sabbath-time as “time off the wheel when we take our hand from the plow and let God and the earth care for things, while we seek renewal...the fountain of rest & renewal.”

Six Months Off by Hope Dlugozima, James Scott, and David Sharp

This is a practical resource for Sabbatical planning, including a “menu” of usable, reasonably priced spiritual, creative, adventurous programs worldwide as well as a resource guide highlighting grants possibility, cultural programs, house/rental exchanges, and volunteer organizations

Sanctuaries: The Complete United States – A Guide to Lodgings in Monasteries, Abbeys, and Retreats by

Jack Kelly, Marcia Kelly

It provides a state-by-state listing of monasteries, abbeys, and retreat centers where mind and heart can come to stillness.